
SPEAKER BIOGRAPHY

Kris Hooks, MEd, LPC, LMFT, CEAP, CHWC



Kris has a broad range of experience during her 32 years in the behavioral health and EAP field. She knows both sides of the EAP field having worked internally as EAP Program Manager for an oil and gas company and externally as a Program Director as well as a private EAP/Behavioral Health practitioner.

Some of her most passionate work involves developing programs to promote healthier, more resilient, productive employees and effective managers. During her career, she has written articles, designed and delivered engaging webinars and onsite training to a broad range of clients. She has facilitated in person training and webinars for Beacon Health Options for many years.

Kris created our Suicide Prevention training for employees and managers. During her career, she has responded in the aftermath of employee suicide by consulting with management and facilitating meetings with employees. She has also helped clients process their grief following suicide of a loved one.

Kris holds an undergraduate degree from University of Houston in Education and a Master's with certification in counseling from Sam Houston State University. She is a Licensed Professional Counselor, Licensed Marriage and Family Therapist, Certified Employee Assistance Professional and a Certified Health and Wellness Coach.